

# Child Stroke Awareness Day



Friday 10th May 2024

Let's turn Maidensbridge **RED!**

## Child Stroke Awareness Day

May is Childhood Stroke awareness Month. On **Friday 10<sup>th</sup> May** we will wear something that is the colour **red** to raise awareness of childhood stroke.



## Childhood Stroke Quick Facts

- Stroke can affect people of any age, including babies in the womb.
- The term childhood stroke covers stroke occurring from the 38<sup>th</sup> week of pregnancy up to the age of 18.
- Over 400 children will have a stroke each year in the UK.
- A stroke happens when the blood supply to part of the brain is cut off, killing brain cells. Damage to the brain can affect how the body works. It can change how you think and feel.
- Childhood stroke are either caused by a blocked blood vessel in the brain (Ischaemic) or by a bleed in or around the brain (Haemorrhagic).

## Spot the signs: do the FAST test

Rebuilding lives after stroke

**Stroke**  
Association

### Face

Can the young person smile? Has their face fallen on one side?

### Arms

Can they raise both arms and keep them there?

### Speech

Can they understand what you say? Is their speech slurred?

### Time

If you spot any of these signs in a baby, child or young person, don't wait. Call 999 straight away.

Even if the symptoms seem to pass, you should call 999 as it could be a transient ischaemic attack (TIA or mini-stroke).

## Signs and Symptoms of Childhood Stroke

### Other signs of childhood stroke may include:

- sudden, severe headache
- seizures (fits) or losing consciousness
- dizziness or a sudden fall
- neck pain or stiffness
- vomiting and sleepiness
- sudden blurred vision or sight loss
- pins and needles, weakness or numbness on one side of the body
- fever and nausea can also be present with a stroke.

## Further Information and Support

**Stroke**  
Association

[www.stoke.org.uk](http://www.stoke.org.uk)

 **Brainwave**  
Unlocking Children's Potential

[www.brainwave.org.uk](http://www.brainwave.org.uk)